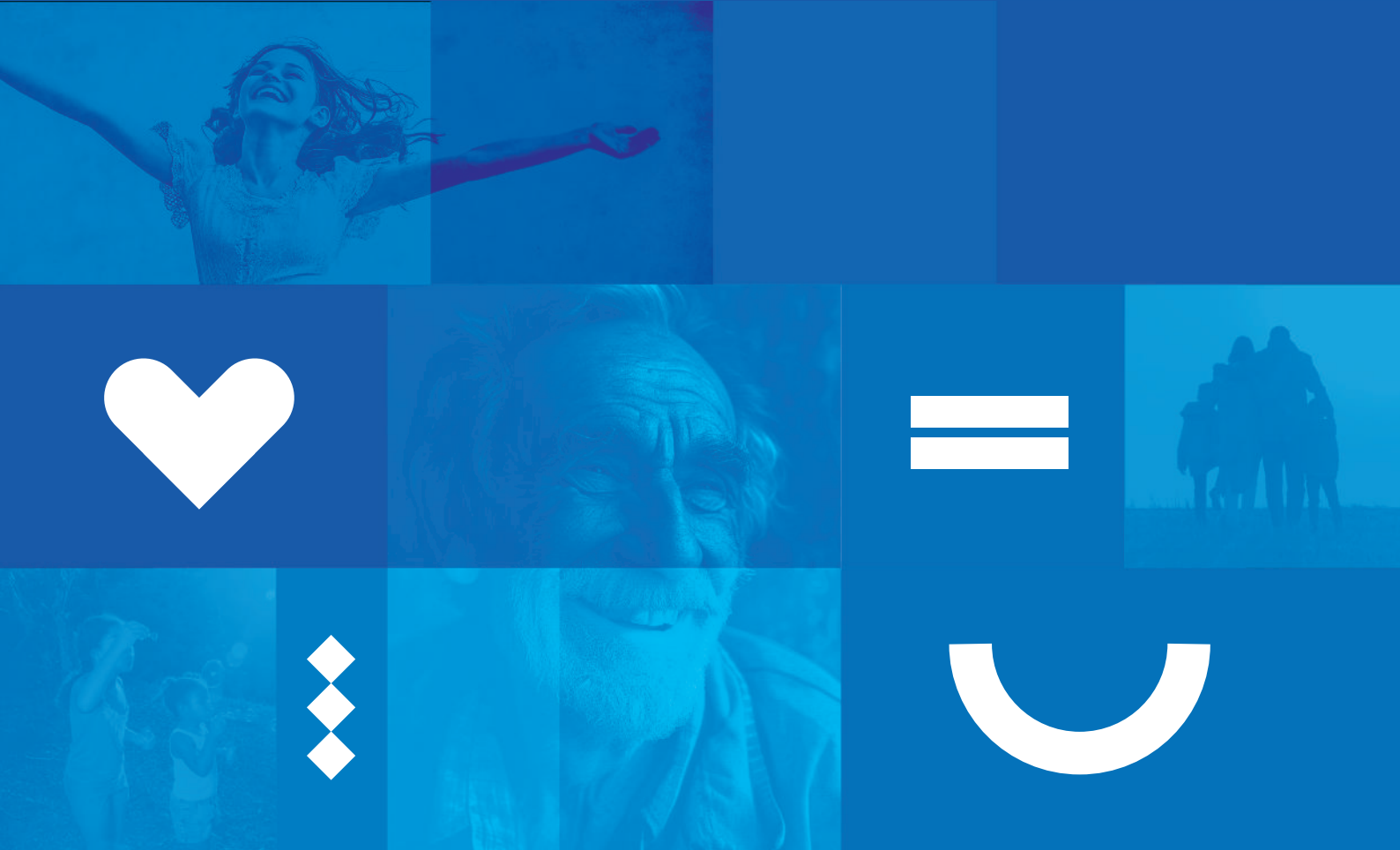


# COLOUR OF **HaPPiness**



**AIMS**

Abaseen Institute of  
Medical Sciences  
2022-2026

AIMS PAKISTAN, UK, USA & UAE



**JOYFULL LIFE**



**HARMONY OF LIFE**



**HaPPiness**



**BETTER LIFE**

# ACCREDITATION AND QUALITY

---

## **AIMS Pakistan**

Dept of Social Welfare KP  
Member of Charity Commission  
Khyber pakhtunkhwa

## **Certified NPO Seal**

Pakistan Centre of Philanthropy  
Islamabad

## **MOU**

Economic Affairs Division  
Ministry of Finance (clear to  
receive donation via State Bank  
of Pakistan)

## **Tax Exemption**

Federal Board of Revenue

## **Sugar Hospital Registration**

KP Healthcare Commission

## **Sugar Hospital Quality**

Certified ISO 9001



## contents

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AIMS and its logo symbolize the challenges and ambitions of the organization as reflected by its name **Abaseen – Father of the rivers** negotiating its way across the whole of Pakistan, reassuring its members, donors and patients of its strength and ability to achieve and maintain the flow and care. As a not-for-profit registered organization with Social Welfare Department in Peshawar KP, AIMS Pakistan draws its ability to continue services by treating its committed registered patients, devoted staff and sincere donors' professional skills, time, and monetary support for the trusted members of AIMS Board.

The target is to reach out and help patients and families influenced by diabetes, hypertension, and non-communicable diseases (NCD).

## Key Projects

In partnership with Diabetes Association



Sugar Hospital  
Peshawar



Community  
Outreach to  
Villages

## Key Resources



Patients



Staffs



Donors

## Vision

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Lead a comprehensive, quality assured and affordable diabetes healthcare institute

## Mission

---

Pool up resources for Diabetes and NCD healthcare development with the help of the public and private sectors in KP and Pakistan

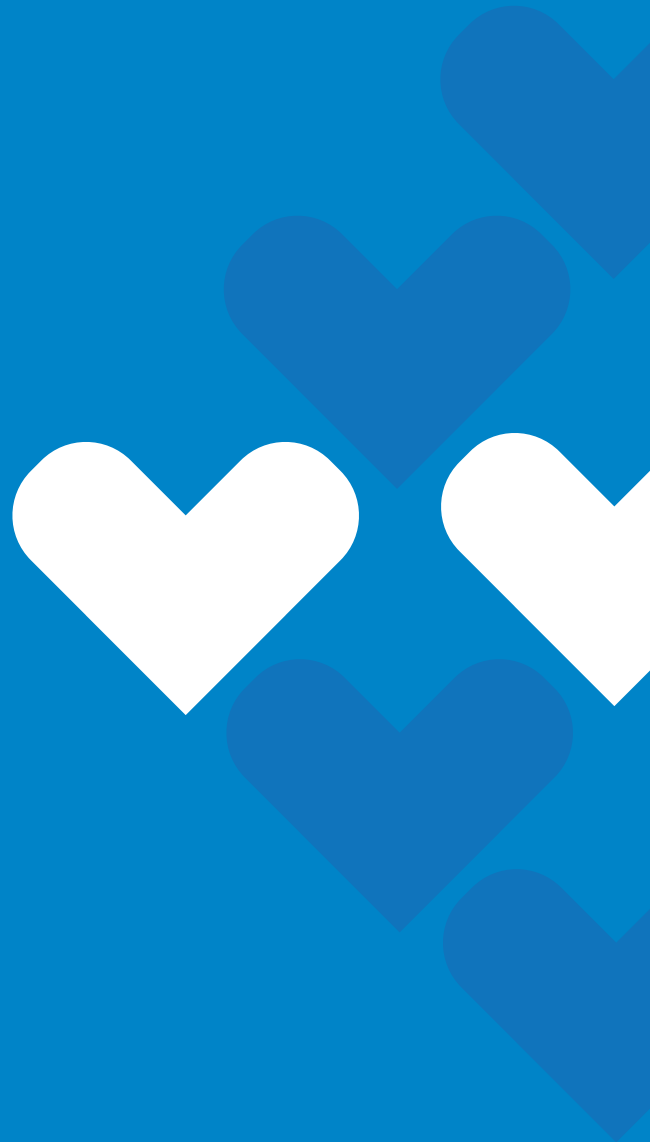
## Objectives

---

Provide high quality medical treatment and develop curative strategies for those who cannot afford treatment of Diabetes and other NCDs\*

Integrate medical research, training and education for professionals

Implement community health awareness, disease prevention strategies, advocacy campaigns for diabetes & NCDs\* and improve access to care



Wherever the  
art of medicine  
is loved, there is  
also a love for  
humanity.

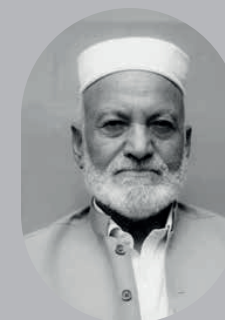


**President**  
Dr. Zia Ul Hasan

## EXECUTIVE COMMITTEE



**Mr. Asad Ullah**  
Vice President



**Mr. Ayaz Mujahid**  
General Secretary



**Dr. Abdul Jalil Khan**  
Medical Director



**Mr. Faisal Inam**  
Finance Secretary



**Ms. Saba Tanvir - MBA**  
Joint Secretary



**Dr. Muhammad Jawad**  
Executive Member



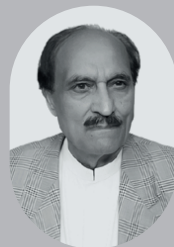
# GOVERNANCE ADVISORY



**Dr. Amanullah Khan**  
MBBS MPH UK  
Public Health & Development  
Consultant



**Dr. Rashid Hanif**  
MD / President  
AIMS USA



**Mr. Salem Khan Khalil**  
University Degree in  
Law - Ex MNA  
Parliament of Pakistan



**Dr. Shagufta Zia**  
MBBS, PHD UK  
Family Physician &  
Epidemiologist



**Dr. Amjad Ali Bacha**  
FRCS - UK  
Founding Member of AIMS Pakistan.  
Chair, AIMS International  
UK & Trustee



**Prof. Dr. Saeed Anwar**  
MBBS - MPH  
Director, Prime Institute of  
Public Health Peshawar-  
Khyber Pakhtunkhwa



**Ms. Sara Azmat**  
Educator, Curriculum Developer,  
Philanthropist. BBA Massey University  
Newzealand.



**Dr. Raza Hasan**  
Treasurer AIMS USA



**Dr. Hikmatyar Hasan**  
PHD Data Scientist  
Trustee AIMS UK



**M. Tufail Ijaz**  
MD, FACE, FRCP Medical Director  
Endocrinology Services  
Genesis Healthcare System  
Zanesville, Ohio, USA



**Dr. Sara Khalid Mahmood**  
DPM, DABPM  
Diplomate American Board of  
Podiatric Medicine  
Fellowship Podiatric Dermatology



**Dr. Yusra Amanullah**  
Volunteer at Aims Sugar Hospital  
Diabetes and Endocrine Trainee,  
Mersey Deanry. MBBS, MRCP



**Mr. Muhammad Irfan**  
Director AIMS USA



**Mr. Khurshid Alam**  
Chief Information Officer  
AIMS Pakistan



**Dr. Nadeem Akhtar**  
PhD Public Health  
Senior Manager in  
Healthcare, Khyber  
Pakhtunkhwa Pakistan



**Dr. Shahid Younus**  
MBBS - MPH  
Senior Manager in Healthcare,  
Khyber Pakhtunkhwa,  
Pakistan



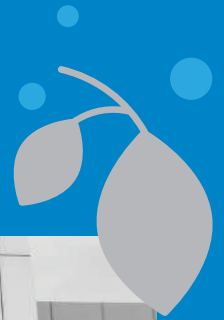
**Prof. Dr. Mir Ali Shah**  
MBBS, FCPS Ophthalmology  
Consultant - Surgeon,  
Examiner and Trainer  
in Retina Diseases Management.



**Barrister Ghazi Khan Khalil**  
Legal Advisor AIMS Pakistan



# SUGaR HOSPital Team



Our hospital team is a dedicated group of professionals committed to providing exceptional care. From doctors and nurses to support staff, we work together with empathy and expertise to ensure the best outcomes for our patients. Motivated by a shared goal of improving lives, we approach each day with compassion, collaboration, and a deep sense of responsibility. Together, we create a healing environment built on trust and respect.

# Networks

## Pakistan

Directorate of Social Welfare,  
Government of Khyber Pakhtunkhawa,  
Reg. No. 2289

## UK

Registered with Charity  
Commission UK - No. 110864  
[www.aimsinternational.org](http://www.aimsinternational.org)

## USA

Registered with (Charity) Abaseen  
Institute Of Medical Sciences, Usa, Inc.  
(D20003703)

## Middle East

Registered with Dubai Humanitarian -  
License No. 150137

## Board/Members/Team

|                      |                   |
|----------------------|-------------------|
| Dr Zia ul Hasan      | President         |
| Mr. Asad Ullah       | Vice President    |
| Mr. Ayaz Mujahid     | General Secretary |
| Dr. Abdul Jalil Khan | Medical Director  |
| Mr. Faisal Inam      | Finance Secretary |
| Ms. Saba Tanvir      | Joint Secretary   |
| Dr. Muhammad Jawad   | Executive Member  |

## Office Bearers - AIMS USA

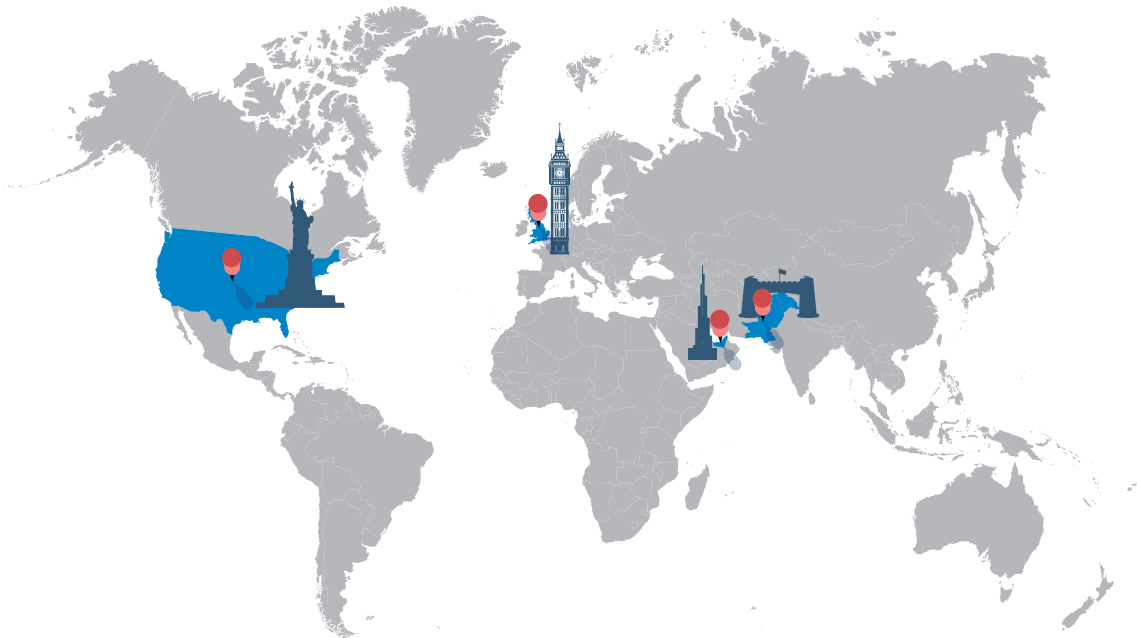
|                  |                   |
|------------------|-------------------|
| Dr. Rashid Hanif | President         |
| Dr. Raza Hasan   | Treasurer         |
| Ms. Sara Riaz    | General Secretary |
| Dr. Tufail Ijaz  | Member            |
| Dr. Sara         | Member            |

## Office Bearer - AIMS UK

|                     |                             |
|---------------------|-----------------------------|
| Dr. Amjad Bacha     | President - AIMS UK         |
| Dr. Hikmatyar Hasan | General Secretary - AIMS UK |
| Dr. Yousra Hikmat   | Member - AIMS UK            |

## Office Bearer - AIMS UAE

|                    |                   |
|--------------------|-------------------|
| Dr Zia ul Hasan    | President         |
| Mr. Asad Ullah     | Vice President    |
| Mr. Faisal Inam    | Finance Secretary |
| Mr. Zaim Mohammad  | Member            |
| Mr. Kashif Mushtaq | Member            |
| Mr. Nayyar Ahmed   | Member            |
| Mr. Kharsheed Alam | Member            |



# Partnership



## Diabetes Association Khyber Pakhtunkhwa

Established in 1985 is a registered charitable organization. Diabetes Association KP and AIMS work together under a long term MOU and is Owner of Land and building of Sugar Hospital.



Meethi Zindagi

## Meethi Zindagi

is a people-centric, organization, working for the diabetes community throughout Pakistan, through Awareness, Education, Empowerment and Support. For children suffering from diabetes, Meethi Zindagi helps provide free insulin and glucometers to children as per their criterion.

[www.meethizindagi.org](http://www.meethizindagi.org)



## Life for a child

Australian based "Life for a Child" is a dedicated charity to improve lives of children and young people living with type 1 diabetes globally. Sugar Hospital and its registered patients are blessed with their help for 25 year olds, as the main source of insulin since 0000 LFAC also provides us monitoring equipment. LFAC tirelessly work to make a meaningful difference in the lives of over 57,700 young people across 48 countries.

[www.diabetesnsw.com.au](http://www.diabetesnsw.com.au)



Khyber Medical University Peshawar KP Pakistan and AIMS Pakistan mutually help in providing clinical Services implementing the concept of Family Medicine in KP.

KMU and its Department of Family Medicine has helped Sugar Hospital to acquire a status of PG Students Rotational Training, as a community-based Training & Research Centre of Diabetes Hypertension and Non-Communicable Diseases, for the accredited Postgraduate Courses of College of Physicians and Surgeons Pakistan.

Department of Family Medicine KMU also collaborates in a monthly Sugar Hospital Outreach camp at its Swabi Campus.

[www.kmu.edu.pk](http://www.kmu.edu.pk)

# Partnership

## Public Health Institute of Public Health Peshawar Medical College (PIPH) Riphah International University, Islamabad



Peshawar Medical College has partnership of being Peshawar Campus of Riphah University Islamabad.

Riphah International University, Islamabad owns Islamic International Medical College, Rawalpindi, (established in 1996 by its Founding Managing Trustee; Maj. Gen. (Retd.) Muhammad Zulfikar Ali Khan, TI(M) (Late).

[www.riphah.edu.pk](http://www.riphah.edu.pk)

[www.pmc.prime.edu.pk](http://www.pmc.prime.edu.pk)



National Bank of Pakistan takes pride in providing services by including Shariah Compliant Banking Products, for adherence to your faith, a premium choice for you in meeting your financial needs, free of RIBA. NBP helps and supports NPO like, AIMS Pakistan, community-based objectives through the bank's Corporate Social Responsibility (CSR) program.

[www.nbp.com.pk/Islamic](http://www.nbp.com.pk/Islamic)



Hilton Pharma is one of the leading pharma companies of Pakistan. Hilton market products under licensed from various world-renowned research based pharmaceutical companies besides its own branded generic specialties.

Besides discounts to Sugar Hospital Pharmacy Hilton Pharma regularly support Community Outreach Camps and sponsor training of staff. Notable recently been sponsored training of insulin educator at Sugar hospital.

[www.diabetesnsw.com.au](http://www.diabetesnsw.com.au)

## 01Project



DIABETES GENERAL HOSPITAL  
& RESEARCH CENTRE  
Another Reason To Smile

Prof. Dr. Rooh Ul Muqim  
Medical Director Sugar Hospital



Diabetes is a significant health issue within the community. Sugar Hospital is committed to address the critical health concerns associated with diabetes.

The hospital provides high-quality, comprehensive medical care at significantly reduced rates, ensuring accessibility for all individuals, regardless of their financial situation.

In the last 3-4 years hospital has introduced several new services, including surgery, Gynae, Ophthalmology, Footcare, Urgent Care, In- Patient male and female wards, Radiology including Xray Ultrasound and CT-Scan.

Currently Sugar Hospital is undergoing significant expansion to enhance its healthcare offerings.

Our commitment for improving the quality of life for patients with diabetes is reflected in our mission, vision, and services.

## GOALS

---

Provide accessible care services for diabetes and other non-communicable diseases (NCDs).

Offer affordable, high-quality treatment options and develop strategies for those unable to afford healthcare. Implement community health awareness and preventative strategies to combat NCDs. Integrate training, research, and capacity building within our service framework.

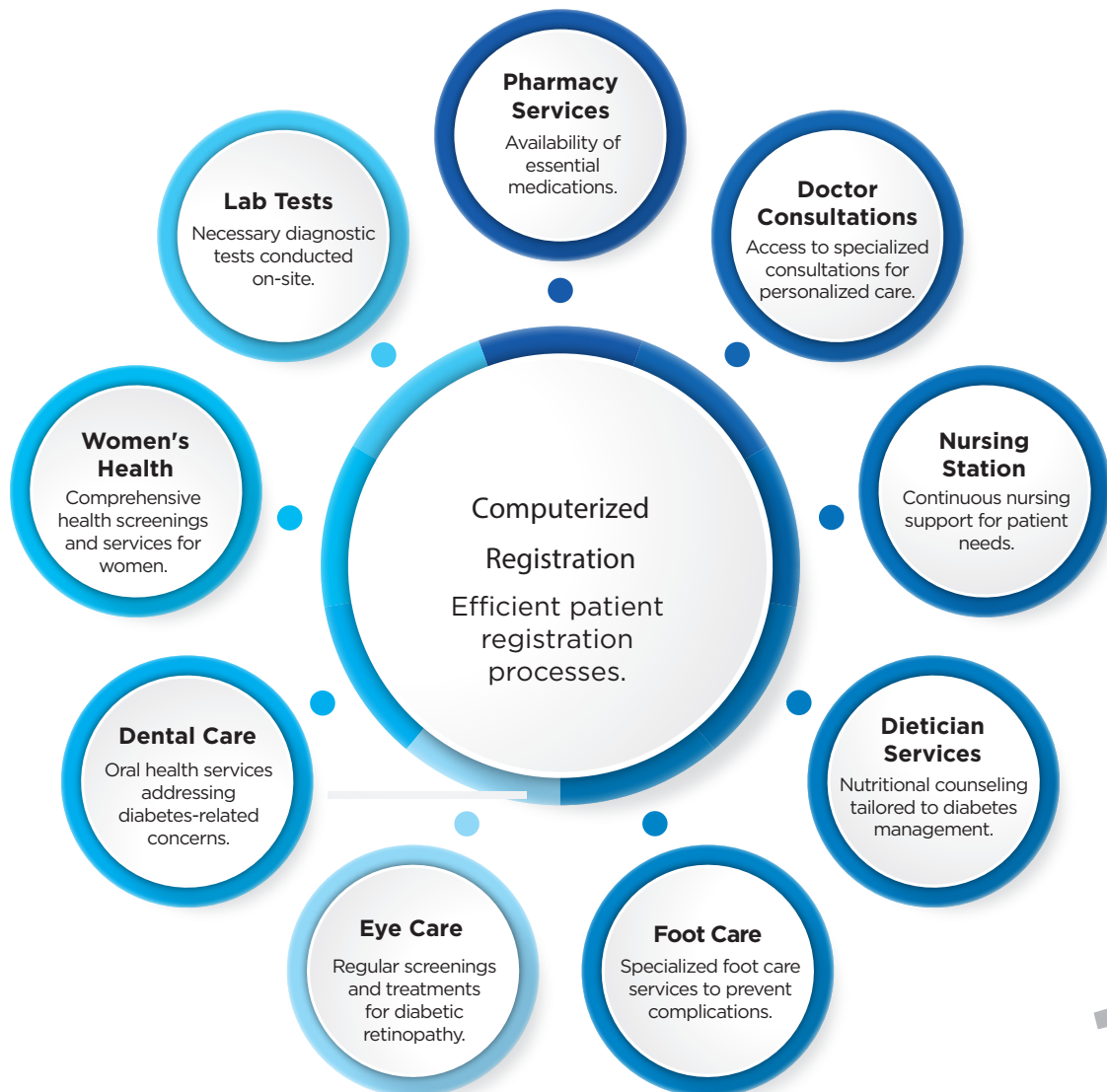




# Diabetes CIRCLE OF CARE

This flagship project is on its way to become a model of comprehensive care of diabetes in Pakistan, under one roof. The hospital provides service to the patients as a primary health care facility through its unique Circle of Care

The model is now ready to replicate in other districts of KP and rest of the country.



# SPECIALIZED SERVICES

Complementing our comprehensive diabetes care, we offer a range of specialized services at discounted rates, including:

## Diabetes Education

Focused educational programs on dietary choices, exercise, and self-management strategies

## Regular Check-ups

Scheduled monitoring to ensure optimal health management and timely treatment adjustments.

## Medication

Free provision of essential medications to help patients with type 1 and type 2 diabetes manage their condition effectively.

## Endocrinology Services

Expert-led specialist outpatient department focused on hormonal and metabolic health.

## Ophthalmology Services

Advanced eye care treatments, including laser and phacoemulsification.

## Foot & Wound Care

Screening, education, and treatment of foot wounds.

## Surgical Unit

Our newly established surgical unit performs a variety of procedures, including circumcisions, gallbladder stone removals, cosmetic surgeries, appendectomies, foot surgeries, and amputations.

## In-Patient Ward

Expanded services now include dedicated male and female wards for inpatient care.

## Emergency Services

Newly established 24-hour ER services to respond to urgent medical needs.

## Radiology/Imaging

Initiating CT scan, X-ray, and ultrasound services to facilitate patient care.  
Pathology Services: Comprehensive baseline investigations conducted in our laboratory, with plans to upgrade for more specialized tests.

## Women's Health Unit

Comprehensive screenings and education for female patients on managing diabetes and overall health. Plans include building a labor room and upgrading the Women's Health Unit.

## Laboratory & Pharmacy





## Patients Served

---



Total Number of Patients Served in  
the Hospital from 2022 to 2024

**38,190**



Total Laboratory Tests  
Conducted from 2022 to 2024

**102,404**



Total Number of Patients Served in  
Welfare (free Service) from 2022 to 2024

**11,108**

# CHILDREN With Diabetes

---

The Children with Diabetes unit at Sugar Hospital provide comprehensive care for children and adolescents living with Type 1 diabetes. The hospital currently serves 300 registered patients under the age of 25.

The service, include free insulin, laboratory investigations, and medical consultations.

The service significantly impacts lives of the children and their families,



## 02 PUBLIC Health

Since its inception, AIMS have held regular community outreach Camps for awareness, chronic diseases screening & treatment across KP as part of its strategy to promote health and prevent complications of diabetes, hypertension, and other non-communicable diseases.

The initiative seeks to unite credible public health consultants and experts to implement evidence-based services, interventions, capacity-building programs, and educational initiatives that effectively reach diverse populations.

The program is also responsible for generating funds for projects and creating public private partnership focusing at primary health care at basic health unit level.



AIMS PRIORITIZE STRATEGIES CONSISTENT WITH

# Sustainable Development Goals

Since its inception, **AIMS community program** has regularly held awareness, chronic diseases screening & treatment camps across KP. The program is also responsible for generating funds for projects and creating public private partnerships.



Healthy Lives & health Promotion  
(Goal 3: 3.1.1, 3.4.1, 3.7.1, 3.8.1)

Mother & Child Health along with Non - Communicable Diseases  
(Goal 17: 17.17.1)

# Reaching to THE DOORSTEPS

---

## Empowering individuals to take control of their health

Providing essential education on the disease, its complications.  
Supplied medications and monitoring tools but areas we have covered in Khyber Pakhtunkhwa include Peshawar, Charsadda, Mardan, Nowshera, Ghazi, Swat, Buner, Charbagh, Swabi, Hasanabdal Gurdwara, Zargarabad Old Saints Church, and St. John's Cathedral.

### WELFARE

Supporting Children and Adults living  
with lifelong illnesses

Who are unable to access healthcare  
and unable to pay for their treatment

### CAMP Statistics (2022-2024)

In partnership with Diabetes Association



**2022: 3,627**  
**2023: 2,823**  
**2024: 2,742**

2025 onwards piloting IMPACT BASED health camps in villages for  
diabetes and hypertension.

# **PROGRESS With eLEGance**

---

**2022 tiLL 2024**

## **With Support over member donners via branches - accomplished setting up**

### **Radiology**

- Portable Xray
- Xray Unit
- Ultra Sound
- CT Scan

### **Outpatient extension**

- 6 clinic waiting area

### **Urgent care services**

- 4 beds

### **Surgical Speciality**

- General surgery
- Gynae

### **Surgeries related to diabetic complication**

- Ophthalmology
- Foot care

### **Inpatient wards**

- Meal & female 5 beds

### **High dependency unit**

- 1 bed



# HOSPital BUIlDing EXPansion

During 2022-24 Sugar Hospital has expanded its services and developed a firm infrastructure to cater for growing needs of patients with diabetes and its complications, with the help, support and donations from its members, friends and family. Most of these individual either have diabetes or are influenced by diabetes in their families and loved ones.

Sugar Hospital is undergoing significant expansion including a Women Health Unit. A surgical unit is operational performing general and specialist procedures carried out by renowned surgeons.

Male and female wards along with a fully equipped Radiology and Laboratory provides necessary support for timely and effective diagnostics. Emergency service (ER) was launched in 2023.







# women Health unit

---

The Women's Health Unit at the Abaseen Institute of Medical Sciences is dedicated to addressing the critical health issues faced by women in Peshawar, Khyber Pakhtunkhwa, particularly within underserved rural populations. This unit will offer comprehensive gynecological care, health screenings, and education on women's health issues, significantly improving access to essential services. To enhance service delivery, the unit will establish necessary facilities, including a labor room, neonatal intensive care unit, and advanced medical equipment. The goal is to improve health outcomes for

women, especially those affected by diabetes and related gynecological conditions. The impact of the Women's Health Unit extends beyond individual health, fostering the well-being of marginalized communities by empowering women with the knowledge and resources to manage their health. This initiative promotes gender equity in healthcare access, reduces stigmas surrounding female health issues, and supports women's empowerment, leading to healthier families and communities overall.



# LABORATORY UPGRADATIONS

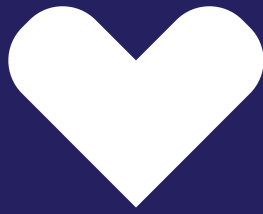
Laboratory equipment  
will be purchased to  
upgrade the services  
and start the  
specialized lab  
investigations.



# MOBILE Health CLINIC

Building a Healthier Future Together





**AUDiit**

2024/25

## STATEMENT OF FINANCIAL POSITION (AUDITED) AS AT JUNE 30, 2025

|                                                   | Note | 2025<br>Rupees            | 2024<br>Rupees           |
|---------------------------------------------------|------|---------------------------|--------------------------|
| <b>ASSETS</b>                                     |      |                           |                          |
| <b>NON CURRENT ASSETS</b>                         |      |                           |                          |
| Property and equipment                            | 4    | <u>117,441,970</u>        | <u>70,358,933</u>        |
| <b>CURRENT ASSETS</b>                             |      |                           |                          |
| Inventory                                         | 5    | 5,102,858                 | 3,178,716                |
| Advances,deposits and other                       | 6    | 2,076,453                 | 1,035,223                |
| receivablesCash and bank balances                 | 7    | 19,620,864                | 5,608,149                |
|                                                   |      | 26,800,175                | 9,822,088                |
| <b>TOTAL ASSETS</b>                               |      | <b><u>144,242,145</u></b> | <b><u>80,181,021</u></b> |
| <b>FUND AND LIABILITIES</b>                       |      |                           |                          |
| General fund                                      |      | <u>85,465,803</u>         | <u>62,071,725</u>        |
| <b>NON CURRENT LIABILITIES</b>                    |      |                           |                          |
| Capital grant                                     | 8    | <u>26,814,600</u>         | -                        |
|                                                   |      | 26,814,600                | -                        |
| <b>CURRENT LIABILITIES</b>                        |      |                           |                          |
| Restricted grant                                  | 9    | 12,751,614                | 4,214,526                |
| Creditors, accrued expenses and other liabilities | 10   | 16,741,105                | 13,894,770               |
| Provisions                                        | 11   | 2,469,023                 | -                        |
| Taxation                                          | 17   | -                         | -                        |
|                                                   |      | <u>31,961,742</u>         | <u>18,109,296</u>        |
| <b>CONTINGENCIES AND COMMITMENTS</b>              |      |                           |                          |
|                                                   | 12   | -                         | -                        |
| <b>TOTAL FUND AND LIABILITIES</b>                 |      | <b><u>144,242,145</u></b> | <b><u>80,181,021</u></b> |

The annexed notes 1 to 21 form an integral part of these financial statements.

## STATEMENT OF INCOME AND EXPENDITURE (AUDITED) FOR THE YEAR ENDED JUNE 30, 2025

|                                                | Note | 2025<br>Rupees    | 2024<br>Rupees    |
|------------------------------------------------|------|-------------------|-------------------|
| <b>INCOME</b>                                  |      |                   |                   |
| Hospital income                                | 13   | 63,017,928        | 41,751,909        |
| Restricted Income                              | 9    | 58,927,362        | 69,797,196        |
| Other income                                   | 14   | 4,428,891         | 2,080,942         |
| Total income                                   |      | 126,374,181       | 113,630,047       |
| <b>EXPENDITURES</b>                            |      |                   |                   |
|                                                | 15   | (70,309,159)      | (50,145,973)      |
| Direct cost                                    | 16   | (32,670,944)      | (25,549,131)      |
| Administrative expenses                        |      | (102,980,103)     | (75,695,104)      |
| Total expenditure                              |      |                   |                   |
| <b>SURPLUS FOR THE YEAR BEFORE TAXATION</b>    |      | 23,394,078        | 37,934,943        |
| Taxation                                       | 17   | -                 | -                 |
| <b>NET SURPLUS FOR THE YEAR AFTER TAXATION</b> |      | <u>23,394,078</u> | <u>37,934,943</u> |

The annexed notes 1 to 21 form an integral part of these financial statements.



### INDEPENDENT AUDITORS' REPORT

#### Opinion:

We have audited the financial statements of AIMS PAKISTAN, which comprise the statement of financial position as at June 30, 2025, statement of income and expenditure, statement of changes in funds and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of Material accounting policies information.

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of AIMS PAKISTAN, as at June 30, 2025, and its financial performance and its cash flows for the year then ended in accordance with basis of accounting and reporting standards as applicable in Pakistan.

#### Basis of Opinion:

We conducted our audit in accordance with the International Standards on Auditing (ISAs) as applicable in Pakistan. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the AIMS PAKISTAN in accordance with the International Ethics Standards Board for Accountants' Code of Ethics for Professional Accountants as adopted by the Institute of Chartered Accountants of Pakistan (the Code), and we have fulfilled our other ethical responsibilities in accordance with the Code. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

uncertainty exists, we are required to draw attention in our auditors' report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the organization to cease to continue as a going concern.

- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

#### Other Matter

The financial statements of the company for the year ended June 30, 2024 were audited by another auditor who has expressed an unmodified opinion dated October 03, 2024.

The engagement partner on the audit resulting in this independent auditor's report is Shuja Ul Malik, FCA

PESHAWAR

05 JAN 2026

UDIN#: AR202510401RbHnFvYSD

*Rafiqat Babar*  
RAFAQAT BABAR & CO.  
CHARTERED ACCOUNTANTS

Workstation Unit 04, Building No. 1, Floor No. 3,  
License No. 150137, Dubai Humanitarian, UAE

**AIMS Pakistan**

A-6 B/3, Opposite Edhi Homes, Phase 5, Hayatabad,  
Peshawar. Pakistan Tel: +92 915892728

Website: <https://sugarhospital.com>

SCAN FOR MEMBERSHIP

