AIMS
Abaseen Institute of Medical Sciences

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Newsletter

INSIDE

GM WELCOME NOTE

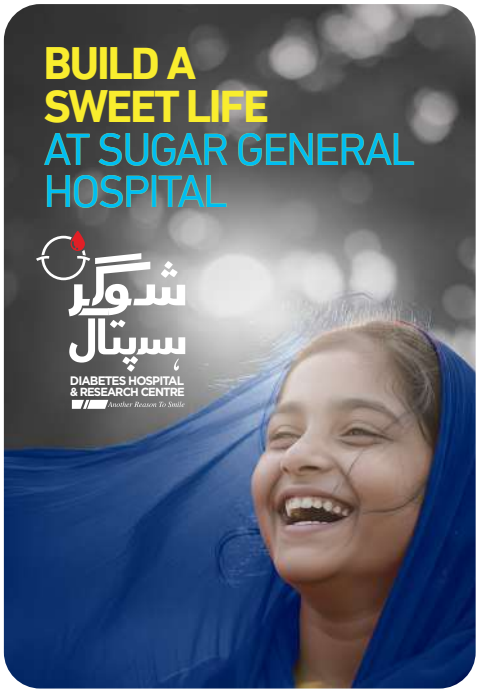
AIMS AT A GLANCE

OUTREACH PROGRAMME

WELFARE PROGRAMME

LITTLE HEROES, BIG COURAGE

SUGAR HOSPITAL



A Message from the Chairman

Dear Readers and Followers, Everystep forward in healthcare is made possible through a shared commitment to compassion, innovation, and service. This newsletter reflects the dedication of our teams, the trust of our patients, and the invaluable support of our partners and donors as we continue working towards a healthier future.



Dr. Amanullah Khan
Chairman
AIMS Pakistan

At AIMS Pakistan, we believe that quality healthcare extends beyond treatment. Through the Diabetes (Sugar) General Hospital & Research Centre (DGHRC), our Community Outreach Programme, and our Welfare Programme, we strive to ensure that individuals and families have access to comprehensive diabetes care, and ongoing support regardless of their circumstances. It tells the story of lives touched, communities reached, and hope restored. While we take pride in the progress we have made, we remain focused on the challenges ahead and committed to expanding our services, strengthening partnerships, and continuously improving the quality of care we provide.

22
Outreach Camps Condcuted within KPK

1831
lives screened & treated

1494
Type 2 patinets diagnosed and treated

32937
lab tests conducted



GM Welcome Note

Dear Readers, Donors & Supporters,
It is my pleasure to welcome you to this edition of the AIMS Pakistan Newsletter.

At AIMS Pakistan, every day presents an opportunity to make a meaningful difference in the lives of individuals and families affected by diabetes. Whether through the dedicated services of the Diabetes (Sugar) General Hospital & Research Centre (DGHRC) or the efforts of the AIMS Community Outreach Programme,

our mission remains the same: to provide compassionate care, promote awareness, and improve health outcomes across our communities.

Muhammad Zaim
General Manager
AIMS Pakistan & Suger Hospital

The stories and highlights featured in these pages are a reflection of the passion and dedication of our doctors, nurses, diabetes educators, outreach team, administrative staff, volunteers, and valued partners. Their collective efforts continue to strengthen our ability to serve those who place their trust in us. As we look ahead, we remain committed to expanding access to quality diabetes care, embracing innovation, and building meaningful partnerships that support healthier communities. While there is still much to accomplish, we are encouraged by the progress we continue to make together. I extend my heartfelt gratitude to our patients, partners, donors, and every member of the AIMS Pakistan family for their continued trust and support. I hope this newsletter offers you a meaningful glimpse into our work and the people who make it possible. **Thank you for being part of our journey.**

AIMS at a Glance (July 2025 - July 2026)

Through compassionate care, community outreach, and strong partnerships, AIMS Pakistan continues to improve the lives of individuals living with diabetes.





AIMS Community Outreach Programme Peshawar

22 Outreach Camps Condcuted within KPK
1,831 lives screened & treated Including **1,506 diabetic** and **908 hypertensive** patients
12 Type-1 patients diagnosed and treated
1,494 Type 2 patinets diagnosed and treated





Diabetes (Sugar) General Hospital & Research Centre, Hayatabd, Peshawar

18,726 patients treated
32,936 lab tests conducted
PKR 44.6 million worth of medicines dispersed
9,230 specialists consultation

AIMS PAKISTAN COMMUNITY OUTREACH PROGRAMME



Taking Diabetes Care Beyond Hospital Walls

AIMS Pakistan Community Outreach Programme was established with a simple yet powerful purpose: to bring quality diabetes care closer to the communities that need it most. By extending services beyond the hospital, the programme improves access to early detection, patient education, treatment, and followup care, particularly for underserved populations.

Our Approach

Rather than waiting for patients to seek care, our outreach teams actively engage communities through: Community-based diabetes screening Awareness and Diabetes managment education sessions early identification of individuals at risk Medical consultations Distribution of essential monthly medicines to eligible patients Referral of patients requiring specialized care to the Diabetes (Sugar) General Hospital & Research Centre (DGHRC)

Key Achievements

AIMS Pakistan conducted a total of **22** outreach camps in Peshawar (Tehkal, Regi, Palosi, St. John's Cathedral, Sarband, Baba Dera, KMU & DGHRC), Swabi (Alamabad, Jehangira), Hasan Abdal (Sikh Minority Community), Mardan and Ghazi Tarbela. We provided:

- Screening & treament to **1,831** patients
- Monthly essential diabetes care (antidiabetic, anti-hypertensive, insulin & painkillers) to **1,506** patients
- Diagnosed and reffered 12 children living with type-1 diabetes to Diabetes (Sugar) General Hospital
- Proivded Diabetes Self Management Education & Support (DSMES) to more than **2,500** individuals



Looking Ahead

Our journey continues with a renewed commitment to bringing diabetes care closer to newer communities that need it most. In the coming months, we will continue strengthening our outreach efforts, promoting prevention and early detection, supporting patients through ongoing care, and working alongside our partners to build healthier, more informed communities.

"We make a living by what we get, but we make a life by what we give." Winston Churchill



AIMS PAKISTAN WELFARE PROGRAMME

The Welfare Programme is dedicated to ensuring that financial hardship never becomes a barrier to quality diabetes care. Based at the Diabetes (Sugar) General Hospital & Research Centre (DGHRC), the programme supports eligible patients by providing access to essential medicines, insulin, diagnostic investigations, and other healthcare services. Through a structured assessment process, assistance is directed to those who need it most, helping patients continue their treatment with dignity and hope.

Our Approach

Patient Registration
Patient details recorded
Clinical Assessment
Medical needs evaluated
Welfare Approval
Support eligibility confirmed
Treatment Support
Medicines and services provided
Follow-up Care
Ongoing treatment and monitoring

Key Achievements

Welfare Beneficiaries
A total of 713 patients registered & cateredthroughout the year

DM1 Patient Visits
A total of 1,320 visits of DM1 patients catered; essential diagnostic tests & monthly medicines provided

DM2 Patient Visits
A total of 3,206 visits of DM2 patients catered; essential diagnostic tests & monthly medicines provided

Insulin Assistance
17,355 vials of insulin provided to welfare patients

Children Supported Through LFAC 331 children with DM1 supported through Life For A Child (LAFC) Programme

Cataract Surgeries Facilitated
32 vision restoring surgeries faciliatated through welfare

Financial Assistance
PKR 18.06 million worth of assistance provided to welfare patients

LITTLE HEROES, BIG COURAGE CHANGING LIVES, ONE CHILD AT A TIME







Meet Murad

Murad's journey began when he attended an AIMS Pakistan Community Outreach Programme camp in Swabi. Living with Type 1 Diabetes, his health had deteriorated significantly, forcing him to leave school.

Following screening, he was referred to the Diabetes (Sugar) General Hospital & Research Centre (DGHRC), where he was enrolled in the AIMS Pakistan Welfare Programme under the Life for a Child (LFAC) Programme.

Over the past eight months, Murad has received regular diabetes care, essential medicines, and continuous follow-up. With improved health and better diabetes management, he has regained the strength to return to school, marking an important milestone in his journey.

Meet Hassan

Muhammad Hassan, a child with Down syndrome, faces the additional challenge of living with Type 1 Diabetes. He was identified during an AIMS Pakistan Community Outreach Programme in Swabi while attending the camp with his father.

Following assessment, Hassan was referred to DGHRC and enrolled in the AIMS Pakistan Welfare Programme under the LFAC Programme. Today, he continues to receive regular diabetes care, treatment, and follow-up support, helping his family manage his condition with greater confidence and ensuring he receives the specialized care he needs.milestone in his journey.

Meet Iqra

Iqra was identified during an AIMS Pakistan Community Outreach Programme in Tehkal, where her condition highlighted the serious impact that unmanaged Type 1 Diabetes can have on a growing child. Delayed growth and persistently high blood glucose levels had become a major concern for her family.

After being referred to DGHRC, she was enrolled in the AIMS Pakistan Welfare Programme under the LFAC Programme, where she began receiving comprehensive diabetes care and ongoing support. Since starting treatment, her HbA1c has improved from over 12% to 8%, reflecting significantly better diabetes control. Along with improvements in her health, her family has regained hope and confidence for her future.

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DIABETES GENERAL HOSPITAL & RESEARCH CENTRE

GIVE HOPE SAVE LIVES SUPPORT DIABETES CARE



The Diabetes (Sugar) General Hospital & Research Centre (DGHRC) serves as the clinical arm of AIMS Pakistan, delivering comprehensive, patient-centred care for individuals living with diabetes. With a multidisciplinary approach, the hospital combines prevention, diagnosis, treatment, education, and long-term follow-up to help patients manage diabetes and its complications effectively. Committed to clinical excellence and compassionate care, DGHRC provides accessible healthcare services while promoting healthier lives through early intervention, continuous support, and

DGHRC Through the Lens
Comprehensive Care, One Department at a Time;

Dental Department
Providing comprehensive dental care with a focus on prevention, diagnosis, and treatment to promote lifelong oral health.

Eye Department
Offering diabetic eye screening, diagnosis, and referral services to help protect vision and detect complications early.

Radiology Department
Delivering reliable diagnostic imaging services that support accurate diagnosis and informed clinical decision making.

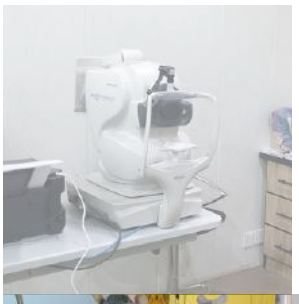
Out Patient Depatment
Providing specialist consultations, routine follow-ups, and personalized care for individuals living with diabetes and related conditions.

Pharmacy Depatment
Ensuring access to essential medicines while promoting safe and effective medication use.

Operation Threatre
Equipped to perform safe and efficient surgical procedures in a sterile, patient-centred environment.

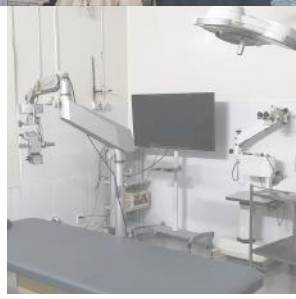
AutismAllies
Supporting children with autism through early intervention, therapeutic services, and individualized developmental care.

Laboratory
Providing accurate and timely diagnostic testing to support early diagnosis, effective treatment, and ongoing patient care.











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DIABETES GENERAL HOSPITAL & RESEARCH CENTRE

WOMEN HEALTH DEPARTMENT

Providing comprehensive, compassionate healthcare for women through preventive, diagnostic, and specialized clinical services.



DIABETES GENERAL HOSPITAL & RESEARCH CENTRE

in Focus

A visual journey through the events that shaped the year







Life is Sweet Hospital Cricket Tournament







Life is Sweet Hospital Expansion Fundraiser

World Dlabetes Day At DGHRC

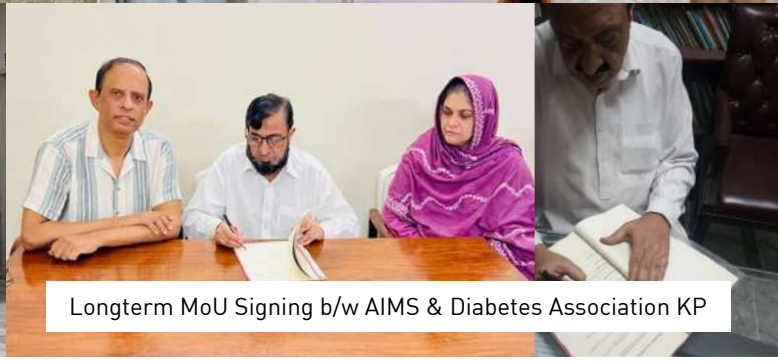




Diabetes & Ramadan

MoU Signing b/w DGHRC & Shaukat Khanum





Continuous Glucose Monitoring Workshop for Patients

Longterm MoU Signing b/w AIMS & Diabetes Association KP

AIMS Abaseen Institute of Medical Sciences

Get in Touch

AIMS Pakistan (Suger Hospital) is committed to advancing diabetes prevention, treatment, education, and research. Whether you're seeking care, exploring partnership opportunities, or supporting our mission, we'd love to hear from you.

Visit Us
Diabetes General Hospital & Research Centre, A-6 B، 3، opposite Edhi Homes, Phase 5 Hayatabad, Peshawar

Contact Us: +92 301 1155713
Email: admin@sugarhospital.com
Website: www.sugargeneralhospital.com
Facebook: AIMS Sugar Hospital
Instagram: @aimssugarhospital
TikTok: Sugar General Hospital
LinkedIn: AIMS Pakistan

AIMS USA

Website: www.abaseen.org
Facebook: aimsusacanada
Instagram: aimsusacanada

AIMS UK
www.aimsinternational.org